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# HEALTHIER KID'S MENU

KIDS 12 + UNDER. ALL ENTRÉES SERVED WITH FRUIT OR VEGETABLE + MILK OR JUICE

## BREAKFAST

### CHAMPION BREAKFAST\* 🍏

One egg, fresh strawberries and fruit, multigrain toast. 6  
cal 400, fat 10g, sat. fat 2.5g, chol. 195mg, fiber 4g

### CHALLAH FRENCH TOAST\*

With maple sugar, one egg, fresh strawberries and fruit. 6

### SILVER DOLLAR PANCAKES\* 🍏

One egg, fresh strawberries and fruit. 6  
cal 520, fat 13g, sat. fat 2.5g, chol. 185mg, fiber 3g

### AVOCADO TOAST\*

Sourdough, one egg, fresh strawberries and fruit. 6

## SLIDERS + SANDWICHES

### BEEF SLIDER WITH CHEESE 🍏

Grass fed, antibiotic free beef on a sesame roll, with side of vegetables.

One Slider 6 / Two Sliders 9

cal 460, fat 18g, sat. fat 5g, chol. 55mg, fiber 4g (one slider)

### GRILLED CHEESE

Select white or multigrain bread, side of vegetables. 6

## CLASSIC ENTRÉES

### TERIYAKI SALMON\* 🍏 GF

Sustainable fresh salmon, reduced sodium teriyaki with quinoa, side of vegetables. 8

### CHICKEN TENDERS

Antibiotic and hormone-free, side of vegetables. 7

### SPAGHETTI VB

Cappellini, roasted tomato sauce, parmesan, side of vegetables. 7

With 2 Beyond Meat meatballs - add 2

## BEVERAGES

MILK, ALMOND MILK OR JUICE IS INCLUDED WITH KIDS ENTRÉES.

### SKIM 🍏, WHOLE, OR CHOCOLATE MILK

### ALMOND MILK 🍏

### 100% JUICE

All Natural Simply Orange Juice,  
Apple Juice

## MILKSHAKES

### CLASSIC SHAKES

All-natural Breyers Ice Cream. 4  
Vanilla / Chocolate / Strawberry

### DELUXE OREO SHAKE

Breyers vanilla ice cream, Oreo cookies. 5

## FLEXITARIAN HEALTHIER OPTIONS

🍏 Lower in Fat or Cholesterol   GF Gluten-Free   VB Vegetarian   🌱 Plant-Based (Vegan)

\* Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness especially if you have certain medical conditions.